How can I use this with my children?

To help your child get into the routine of brushing their teeth twice a day, give this reward chart a try. By recording each time they've brushed their teeth, your child will build up the daily routine.

How does this help my children's learning?

Brushing your teeth is key to keeping them healthy and your mouth fresh. With the help of this chart, you can try to get your child into the daily routine of tooth brushing.

Ideas for further learning:

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What other things can your child think of that will help keep their teeth healthy? Can they create a healthy teeth poster?



I've Brushed My Teeth!





Day	Total
Monday	
Tuesday	
Wednesday	
Thursday	
Friday	
Saturday	
Sunday	
	Week total:



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